

**BREAKFAST MENU**

*Served 7am -11am in our upstairs bar & breakfast restaurant.*

<p><b>LIGHT BREAKFAST</b></p> <p>Pastry, hot drink &amp; juice</p> <p><b>£8.50</b></p>	<p><b>CONTINENTAL CHOICE</b></p> <p>Our light breakfast &amp; a choice of two continental menu items</p> <p><b>£17.50</b></p>	<p><b>FROM THE KITCHEN</b></p> <p>Treat yourself to anything on the menu</p> <p><b>£22.50</b></p>
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**COFFEE**

Double Espresso 4kcal · Americano 12kcal  
 Latte 78kcal · Cappuccino 56kcal  
 Flat White 42kcal · Mocha 66kcal  
 Hot Chocolate 66kcal

*Decaffeinated options available*

**TEA**

English Breakfast  
 Decaffeinated English Breakfast  
 Earl Grey · Green  
 Fruit Berry · Peppermint

**FRESH JUICE**

Orange 82kcal  
 Apple 92kcal  
 Grapefruit 74kcal

**FROM THE KITCHEN**

**Cooked Breakfast** 1008kcal  
 Sausage, smoked bacon, mushroom, tomato,  
 black pudding & your choice of eggs

**American Pancakes** 407kcal  
 Maple syrup, banana & berries

**Eggs Benedict** 615kcal

**Eggs Royale** 649kcal

**Poached Eggs, Avocado, Feta & Sourdough** 765kcal

**Smoked Salmon & Scrambled Eggs** 608kcal

**Spinach, Pepper & Feta Omelette** 430kcal

**CONTINENTAL MENU**

**Soft Boiled Eggs & Toast Soldiers** 237kcal

**Granola, Yoghurt & Berries** 357kcal

**Porridge, Quinoa & Chia Seeds** 407kcal  
 Berries, banana & pomegranate

**Seasonal Fresh Fruit Salad** 177kcal

**Pastry**  
 Croissant 272kcal or Cinnamon Bun 294kcal

**Cereal**  
 Cornflakes 169kcal or Muesli 161kcal or Special K 176kcal

**Toasted Sourdough, Butter & Jam** 235kcal

All prices include VAT at the standard rate. We add an optional 10% service charge to your bill of which 100% is paid to the hotel team.

Some of our food and drinks may contain nuts and other allergens. Please speak to us before placing an order so that we can advise you on your choice. Our kitchens and bars handle all allergens and use shared equipment, so unfortunately, we cannot guarantee to be trace free. Our vegan recipes are prepared with vegan ingredients, but these may still contain traces of all allergens. Adults need around 2000kcal a day.

**SYDNEY  
HOUSE  
CHELSEA**

